



Nuts: Where We Are and Where We Are Going in Research. Proceedings from the NUTS 2020 International Conference

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Message from the Guest Editors

Dear Colleagues,

NUTS2020 (<https://nuts2020.com/>) is a international scientific meeting that will take place in Reus (Spain) on 18–19 June 2020. We want to take advantage of the high quality of the *Nutrients* journal in order to publish the proceedings from this important meeting that will gather different worldwide experts in the nut/dried fruits–disease axis. We plan on publishing at least 10 manuscripts following these key topics: (1) nuts, energy balance, and body weight; (2) nuts, insulin resistance, and diabetes; (3) nuts, lipoproteins, and dyslipidemia; (4) nuts and the gastrointestinal system; (5) nuts, inflammation, and oxidation; (6) nuts and cardiovascular disease outcomes; (7) nut consumption, aging, and cognition; (8) nuts and cancer; (9) dried fruit and health; and (10) future lines of research.

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Message from the Editorial Board

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